

Build Your Own Go-Kit

Red Cross Walks Through a Go-Kit

Being prepared means being equipped with the proper supplies you may need in the event of an emergency or disaster. Keep your supplies in an easy-to-carry kit that you can use at home or take with you in case you must evacuate.

Pro Tip: Keep a pair of old shoes and a flashlight handy in case of a sudden evacuation at night.

What are some of the items that you should pack (at a minimum)?

- Water: one gallon per person, per day (3-day supply for evacuation, 2-week supply for home)
- Food: non-perishable, easy-to-prepare items (3-day supply for evacuation, 2-week supply for home).
- Flashlight
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
- Extra batteries
- First aid kit
- Medications (7-day supply) & medical items
- Multi-purpose tool
- Sanitation and personal hygiene items
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Cell phone with chargers
- Family and emergency contact information
- Extra cash
- Emergency blanket
- Map(s) of the area
- Consider the needs of all family members and add supplies to your kit. Suggested items to help meet additional needs are:
- Medical supplies (hearing aids with extra batteries, glasses, contact lenses, syringes, etc)
- Baby Supplies (bottles, formula, baby food, diapers)

- Games and activities for children (and the whole family)
- Pet supplies (food, leash, collars, ID, carrier, bowl)
- Two-way radios
- Extra set of car and house keys
- Manual can opener

Additional supplies to keep at home or in your survival kit based on the types of disasters common to your area:

- Whistle
- N95 or surgical masks
- Matches
- Rain gear
- Towels
- Work gloves
- Tools/supplies for securing your home
- Extra clothing, hat, and sturdy shoes
- Plastic sheeting
- Duct tape
- Scissors
- Household liquid bleach
- Entertainment items
- Blankets or sleeping bags